

# SERVICES FOR BOSTON RESIDENTS AFFECTED BY COVID-19



City of Boston  
Mayor Martin J. Walsh

## For updates about the Coronavirus (COVID-19), you can:

- Visit [boston.gov/coronavirus](https://boston.gov/coronavirus)
- Call the Mayor's Health Line at **617-534-5050** (9 am to 5 pm)
- Text BOSCOVID to **99411**
- Call Boston **3-1-1** (24 hours a day, 7 days a week)  
*Calls can be taken in multiple languages.*

## If you need food...

### MAYOR'S OFFICE OF FOOD ACCESS

(617) 635-3717 | [boston.gov/food](https://boston.gov/food)

Free breakfast and lunch meals are available to all Boston children and youth while Boston Public Schools are closed. For locations and hours, visit [boston.gov/departments/food-access/map-meal-sites-boston](https://boston.gov/departments/food-access/map-meal-sites-boston).

### MASS 211

211 | [mass211.org](https://mass211.org)

Statewide information about food pantries, meal sites, senior dining sites, and more.

### PROJECT BREAD FOOD SOURCE HOTLINE

800-645-8333 | [projectbread.org/get-help/](https://projectbread.org/get-help/)

Information on food pantries and community meal programs.

## If you need medical care...

### MAYOR'S HEALTH LINE

617-534-5050 | [bphc.org](https://bphc.org)

Multilingual assistance from **9 a.m. to 5 p.m.** at the number listed above to enroll in health insurance, locate health centers and find information about child care, food assistance, elderly services, and legal help.

**IMPORTANT:** Health care options are available for everyone in Massachusetts, regardless of immigration status. Screening, testing, and treatment related to Coronavirus (COVID-19) do not affect "public charge" rule determinations.

## If you don't have a place to stay tonight and for affordable housing options...

### MASS. DEPT. OF HOUSING AND COMMUNITY DEVELOPMENT, EMERGENCY HOUSING ASSISTANCE

866-584-0653 |

[mass.gov/how-to/find-emergency-family-shelter](https://mass.gov/how-to/find-emergency-family-shelter)  
Shelter services for families.

### OFFICE OF HOUSING STABILITY

617-635-4200 | [boston.gov/housingstability](https://boston.gov/housingstability) |

[HousingStability@boston.gov](mailto:HousingStability@boston.gov)

Assistance finding and maintaining stable, safe, and affordable housing options, informing tenants of their rights and responsibilities, and helping navigate the individual and family shelter systems.

**IMPORTANT:** Starting Saturday, March 14th a moratorium on Boston Housing Authority (BHA) evictions went into effect. This will last while Massachusetts is under a state of emergency. If you receive a notice of eviction contact the Office of Housing Stability (contact information listed above).

## If you experience discrimination or mistreatment by your landlord or employer...

### OFFICE OF FAIR HOUSING AND EQUITY

617-635-2500 | [boston.gov/fairhousing](https://boston.gov/fairhousing)

Contact if you have been discriminated against in receiving housing, public services, accommodations or employment.

## If you are looking for legal help...

### MAYOR'S OFFICE FOR IMMIGRANT ADVANCEMENT

617-635-2980 | [boston.gov/immigrants](https://boston.gov/immigrants)

Immigration Consultation Clinics at Boston City Hall are by telephone until further notice. Call or email [ImmigrantAdvancement@boston.gov](mailto:ImmigrantAdvancement@boston.gov) for instructions.

### LAWYERS FOR CIVIL RIGHTS

617-981-4308 |

[lawyersforcivilrights.org/coronavirus](https://lawyersforcivilrights.org/coronavirus)

Free legal support to individuals, families, community groups, and small businesses in response to COVID-19.

## If you are 55+...

### AGE STRONG COMMISSION

617-635-4366 | [boston.gov/agestrong](https://boston.gov/agestrong)

Assistance with housing, transportation, health care, employment, and volunteer opportunities for senior residents (age of 55+).

## If you are a survivor of domestic violence...

### SAFELINK

877-785-2020 | [casamyrna.org/get-support/safelink](https://casamyrna.org/get-support/safelink)

Confidential support, assistance with safety planning, direct connections to shelters and referrals to community services 24/7.

## If you need internet connection...

### DEPARTMENT OF INNOVATION AND TECHNOLOGY

617-635-4783 |

[boston.gov/news/internet-connectivity-supports-during-coronavirus-covid-19-response](https://boston.gov/news/internet-connectivity-supports-during-coronavirus-covid-19-response)

Resources to support Internet connectivity needs. For more information, email [digital.equity@boston.gov](mailto:digital.equity@boston.gov).

## If you own a small business...

### MAYOR'S OFFICE OF ECONOMIC DEVELOPMENT

311 or 617-635-0355 | [boston.gov/smallbusiness](https://boston.gov/smallbusiness)

Support for business owners.

**IMPORTANT:** The Massachusetts Growth Capital Corporation (MGCC) will process all applications for a loan fund of \$10 million to provide financial relief to Massachusetts businesses that have been affected by COVID-19. For more information visit: [empoweringsmallbusiness.org](https://empoweringsmallbusiness.org).

## If you are a worker...

### MASSACHUSETTS ATTORNEY GENERAL

617-727-3465 |

[mass.gov/how-to/file-a-workplace-complaint](https://mass.gov/how-to/file-a-workplace-complaint)

Accepts online complaints related to minimum wage, overtime payment, sick time, meal breaks, and worker protections.

## If you are a student or teacher...

### BOSTON PUBLIC SCHOOLS

617-635-4783 | [bostonpublicschools.org/coronavirus](https://bostonpublicschools.org/coronavirus)

Information about free breakfast and lunch locations for all BPS students, Chromebooks for online learning for students, and tips and resources for educators.

## Other Guides

### MASSACHUSETTS ATTORNEY GENERAL

[mass.gov/guides/resources-during-covid-19](https://mass.gov/guides/resources-during-covid-19)

### MASSLEGALHELP

[masslegalhelp.org/health-mental-health/covid-19](https://masslegalhelp.org/health-mental-health/covid-19)

### LAWYERS FOR CIVIL RIGHTS

[lawyersforcivilrights.org/coronavirus](https://lawyersforcivilrights.org/coronavirus)

### MIRA Coalition

[miracoalition.org/resources/covid19](https://miracoalition.org/resources/covid19)



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